



| Calendario Middle & Senior | | | | | |
|----------------------------|-----------------|-----------|-------------------------|-------------------|------------------------------------|
| | Lunes | Martes | Miércoles | Jueves | Viernes |
| 08:30-09:00 | Welcome | | | | |
| 09:00-10:00 | Nutrition | First Aid | Activación física | Hockey on Field | Ejercicios de velocidad y agilidad |
| 10:00-10:30 | Touch Rugby | | | Activación física | Nutrition |
| 10:30-11:30 | First Aid | Nutrition | Art | Vóleibol | Fútbol |
| 11:30-12:00 | Recess & Snacks | | | | |
| 12:00-13:00 | Fútbol | Skate | Friendly tools (Edtech) | Fútbol | Vóleibol |
| 13:00-13:30 | Pick up Time | | | | |
| 13:30-14:15 | Lunch | | | | |
| 14:15 - 15:15 | Sports & Games | Vóleibol | First Aid | Skate | First Aid |
| 15:15 - 15:30 | Recess | | | | |
| 15:30 - 16:30 | Water Park | Aikido | Water Park | Water Park | Skate |